Weekly Themes and Daily Schedule
Ages: 15 months up to the year they turn 3

Daily Routine

7:30 – 8:45 | Drop off & Settling in Time

A gentle start to the morning where our little Hug Buggies arrive, say goodbye to their grown-ups and settle into their day at their own pace. This is a relaxed time for children to feel comfortable, connect with their teachers and friends, and ease into the morning with lots of reassurance and cuddles when needed.

7:30 – 8:45 | Free Play & Exploration

Time to play, explore and discover! Our Hug Buggies can choose from a variety of age-appropriate toys, books, puzzles, pretend play, blocks and outdoor activities. Our outdoor spaces provide plenty of opportunities for climbing, running, sand play, ball games and imaginative play, while helping children develop their coordination, language, confidence, social skills and independence through play.

8:45 – 9:20 | Ring Time

A fun and engaging time where our little Hug Buggies come together for songs, movement and simple activities. Our animal exercises help Hug Buggies practise emotional regulation in a fun and gentle way. We enjoy our good morning song, practise counting, explore colours, shapes and the alphabet, sing nursery rhymes and listen to stories. We also talk about feelings and learn our school routines and rules through repetition, play and simple calming activities.

9:20 – 10:00 | Hand Washing, First Snack & Nappy/Potty Time

We gently guide our little Hug Buggies as they learn to wash their own hands, offering a helping hand whenever needed. We then enjoy a nutritious snack together, encouraging them to feed themselves and develop their independence, while our teachers are always close by to offer support and assistance.

After snack, it's nappy and potty time. For our Hug Buggies who are beginning their potty-training journey, we work closely with parents to encourage familiar, consistent routines between home and school.

10:00 – 11:00 | Creative Art/Activities and Learning Through Play

We gather our Hug Buggies in small groups or as a whole group, depending on the activity, for fun, hands-on experiences that encourage curiosity, creativity, language and movement. At this age, learning happens through play, giving our Hug Buggies opportunities to discover different materials, practise new skills and build confidence at their own pace. When smaller groups are used for art or baking, the other Hug Buggies continue enjoying free play. Our activities change each day:

Monday: Art & Creative Exploration
We introduce our weekly theme through simple, hands-on art activities using different colours, textures and materials. Our Hug Buggies can paint, draw, stick, squish and create while developing their fine-motor skills, hand-eye coordination and creativity.

We also spend time in our forest-feel garden, where our Hug Buggies can discover the wonders of nature. They can collect pecan nuts, spot ladybugs, smell and pick lemons, and notice all the little things around them. These everyday discoveries encourage curiosity, language development and a love for the world around them.

Tuesday: Art & Drama Kiddies
Our Hug Buggies get creative with different materials, colours and textures, allowing them to explore, experiment and express themselves while developing their fine-motor skills and coordination.

Our Drama Kiddies sessions encourage imagination and confidence through role play, dressing up, nursery rhymes, dancing and games. These activities help our Hug Buggies develop language, social skills, self-expression and emotional awareness, all while having lots of fun.

Wednesday: Baking – Sweet or Savoury
Our Hug Buggies enjoy getting hands-on with simple baking activities. They practise spreading, scooping, pressing and decorating while exploring different smells, textures and tastes.

Baking is a fun way to practise following simple instructions, taking turns and developing fine-motor skills, while naturally introducing our Hug Buggies to colours, shapes, counting and different ingredients.

Thursday: Sensory & Messy Play
Our Hug Buggies get to discover a variety of fun sensory materials such as moon sand, shaving cream, flour, seeds, water beads and so much more. Through squishing, rolling, scooping, pouring and mixing, our Hug Buggies learn through their senses while having fun and getting messy!

Sensory play encourages curiosity and discovery while supporting language development, coordination, problem-solving, social interaction and confidence. It gives our Hug Buggies the freedom to experiment, learn and discover at their own pace.

Friday: Water or Bubble Play
Our Hug Buggies enjoy plenty of splashing, pouring, scooping and exploring during water play. They can fill and empty containers, play with sponges, spray bottles and water toys, and enjoy containers filled with bubble bath and foam. They can also have fun running through the sprinklers. Water play helps develop coordination, fine and gross motor skills, confidence and curiosity while having lots of fun!

On colder days, we swap the water for our bubble machine, giving our Hug Buggies plenty of opportunities to chase, pop and catch bubbles without getting wet.

11:00 – 11:30 | Hand Washing, Second Snack & Nappy/Potty Time

Our Hug Buggies wash their hands before enjoying a little top-up snack, with our teachers helping where needed. After snack, it's nappy and potty time, continuing to support those who are learning to use the potty in partnership with their parents.

11:30 – 12:30 | Story & Wind-Down Time

We enjoy some calm outdoor play with blocks, animals and books. As we begin winding down, we wipe faces are wiped and we encourage our Hug Buggies to put on their shoes, with plenty of assistance from our teachers when needed.

We then settle down for a short story, cuddles and songs before it's time for our fun "tidy-up song". Our Hug Buggies help pack away the blocks, animal toys and other playthings, with our teachers guiding and helping them along the way as we get ready for home time.

12:00 – 12:30 | Pick Up Time

Our Hug Buggies continue with story time and free play as they transition from school to home, while we share little moments from their morning with their grown-ups.